



Town Center ORTHOPAEDICS

Orthotic Recommendations

- Green Super Feet
- Blue Super Feet
- EBM 3/4
- EBM Full
- Your Sole
- Your sole w/ Met Pad
- Custom Orthotics

Topical Recommendations

- 1% Voltaren
- P2 Neuropathic Cream
- P3 Diclo 3%, Baclo 2%, Lido 5%
- P23 Melox 1%, Baclo 2%, Lido 5%
- P6 Anti-inflammatory+Neuropathy Cream
- Anti-Inflammatory w/ Numbing Cream
- Anti Fungal Cream
- Dry Feet Cream

Shoe Recommendations

- Stiff Souled Shoe i.e Hiking Boot
- Brooks/Ascics/ Hoka
- Rocker Bottom
- Danskos, Alegria, Clarks
- Birkenstocks (Cork Bottoms)
- On-clouds

DME

- CAM Boot
- Night Splint
- Post-op Shoe
- ASO Ankle Brace
- Plantar Fascia Brace
- Crutches
- Knee Scooter

Over the Counter Medication

- Ibuprofen (Advil)
- Acetaminophen (Tylenol)
- Naproxen (Aleve)
- 1% Voltaren Gel
- Anti-fungal Cream

Over the Counter Bracing

- Toe Sleeve
- Gel Toe Spacer/Toe spacer
- Budin Splint
- Hammer Toe Splint
- Metatarsal Pad
- Bunion Splint
- Crest Pad

Imaging

- X-Ray Foot
- X-Ray Ankle
- MRI Foot
- MRI Ankle
- CT Foot
- CT Ankle
- Ultrasound



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